

生涯發展教育

Career and Life Development Education

王肇枝中學 Wong Shiu Chi Secondary School

- 升學及就業輔導委員會 Careers and Further Studies Committee
- 其他學習經歷委員會 Other Learning Experiences Committee

2021

學校依循五大方向，層層遞進的推行生涯發展教育，支援學生的未來發展。

1. 讓學生了解自己的興趣、能力和志向。
2. 協助學生制訂短期、中期和長期目標。根據學生的興趣、能力和志向，輔導他們選科。
3. 協助學生制訂生涯發展路線圖及應變策略。
4. 幫助同學建立正確的價值觀(Value)和工作態度(Attitude)、發展所需技能 (Skill)及知識 (Knowledge)，以適應社會和經濟的轉變。
5. 促進學生反思和豐富個人履歷，最終達致全人發展的目標。

採用「香港生涯發展自評基準」，
完善學校的生涯發展項目

In search of an effective framework of implementation
for Career and Life Development provisions ⇨ P.2



活動剪影

Activities Highlights ⇨ P.3-6



In search of an effective framework of implementation for Career and Life Development provisions

Under the launch of new academic structure and the issue of 'Guide on Life Planning Education and Career Guidance for Secondary Schools' (Education Bureau 2014), the role of our career guidance was gradually shifting from the traditional mode of delivering career-related information and offering counselling services at senior forms to a more holistic, developmental and systematic approach for career education and guidance. We have achieved initial success. The whole school approach was promoted through leadership and school management. Career and life development was placed as one of the school major concerns. Different committees worked closer together, with the concerted support of class teachers and external organizations for students' whole-person development. To empower students to make informed and responsible choices on their learning and career goals, structured and diverse programmes were organized such as Career Exploration Fair to give students multiple pathway information.

The paradigm shift was actualized progressively when our school participated in the CLAP for Youth@JC Project as one of the five network schools in Cohort 1 (2015-18). The school-based support and resources enhanced our capacity in implementing career guidance and life planning education in terms of its quality, quantity, scope as well as diversity. For example, a Career Resource Room was set up. Non-career teachers were provided with training to increase their awareness and basic knowledge of career and life development. In 2019-20, our school participated in the CLAP HK Benchmarks Pilot Project as a Pilot School. The Careers Mistress, Ms. Wong Yuk Ying and careers teacher, Ms. Hui Mei Yi were nominated to attend in Career Leaders Training which was held in Hong Kong and England.



As a way forward, in 2020, our school participated in the Phase II of the CLAP for Youth@JC as one of the 6 Resource Schools. Building on the existing Career and Life Development (CLD) efforts and experiences gained as the pilot school, our school will adopt Hong Kong Benchmarks for Career and Life Development (HKBM) as a systematic self-improvement framework to strengthen CLD provisions in a consistent and holistic manner. Linking curriculum learning to CLD (BM7) and Meaningful encounters with the Workplace (BM8) are prioritized as the areas of improvement. The former is a brave step forward to achieve whole school approach while the latter highlights the importance of providing career-related learning experiences and development of essentials skills that can prepare our students to transit successfully from school to work. Sir John Holman, Global Adviser of the JC Phase II Project said, "In an uncertain world, we can be sure of one thing: whatever the future of employment looks like, young people will need help to navigate the way." Adopting HKBM is the answer to this navigation.

ACTIVITIES HIGHLIGHTS

活動剪影

打工體驗日 Job Experience Day



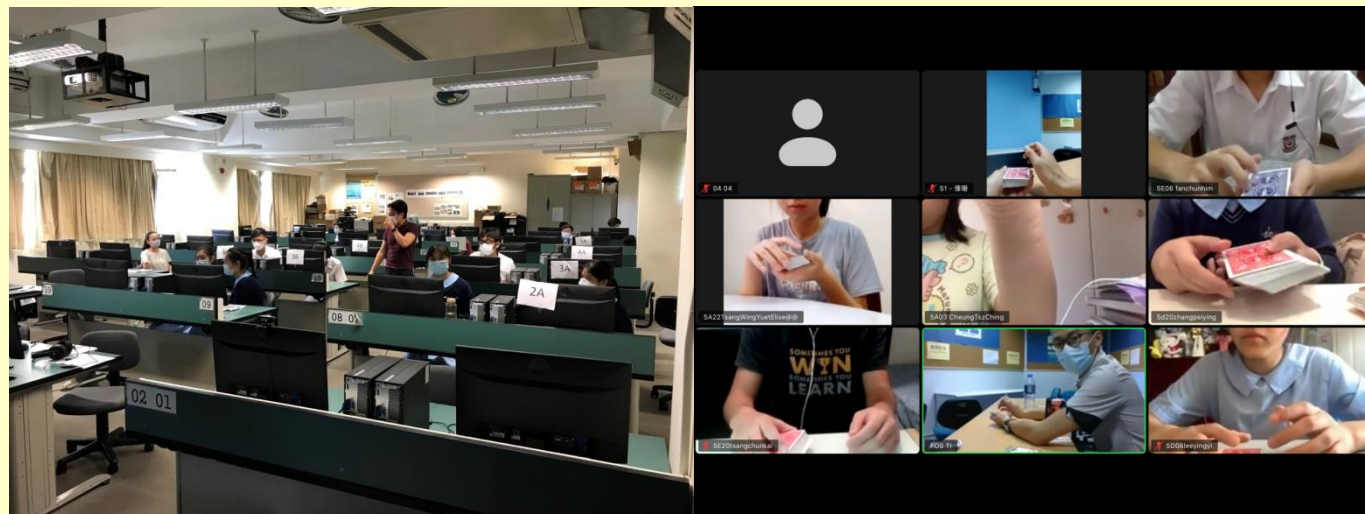
體驗式學習

義工隊



參與由樂施會(Oxfam Hong Kong)及歷耆耆(Eldpathy)主辦的長者貧窮體驗之旅。(左)
走進北角舊區記錄物價指數，從中了解北角貧富懸殊問題。(右)

興趣班



多媒體工作坊及魔術班

工作實習



在青少年社區中心協助舉辦暑期活動



幼稚園實習

協助活動者的部分工作較瑣碎，我認為其價值是無論所做工作瑣碎與否，都應認真對待。工作態度上，協助活動者需要態度積極，如主動維持活動的秩序、告知參加者何時可以進入活動場地、佈置場地等，令活動有序地進行。(4B 鄧智琳)

在實習過程中，義工帶領我們一起為將舉行的活動進行實驗，需要做不同的測試以確保實驗的可行性及安全性，最後一起製作簡報，向小朋友介紹活動的內容，十分充實而有意義，當中更是讓我從合作中了解到協助者的重要性，讓活動能順利進行，每個人都缺一不可。(4B 黃怡)

在實習期間我們需嘗試不同的新事物，例如拍攝教學片，設計一個有創意和動感的簡報給小學生等。在我跨出舒適圈的同時，也豐富了自己的生活，令自己在過程中成長了不少。(4B 張旨呈)

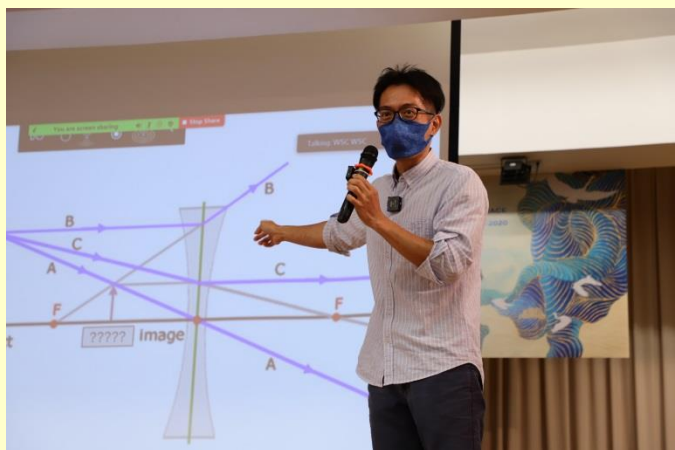
探索多元出路

與工作有關的講座



前港隊單車選手黃金寶先生到校進行分享。(左)
本地歌手徐加晴小姐到校表演，分享她的歌手夢。(右)

校友分享



張承亮校友分享了對科學的興趣，他鼓同學要積極發掘自己的興趣。黃紫盈校友分享了傳媒工作的苦與樂，她勸勉同學用心做好每一件事。

多元出路及 OEA 工作坊



制訂生涯發展路線圖的輔導，幫助學生建立學生學習概覽 (Student Learning Profile)

學生學習概覽是學生於高中時期在全人發展層面上所參與和達成的簡報撮要，其目的是顯示及認同所有學生的全人發展，同時幫助他們在持續體驗和設定目標上認真思考。它可作為學習工具，幫助學生思考自己的個人發展。

- (1) 每位學生在中三學年結束前，作出未來的升學及就業抉擇，接受最少2次由升學及就業老師提供的小組輔導諮詢，最少6次由班主任提供的個人輔導諮詢。
- (2) 每位學生在中六學年結束前，作出未來的升學及就業抉擇，接受最少 1 次由升學及就業老師提供的個人輔導諮詢。

班級	全校參與模式		
	生命培育計劃 Life Building Scheme	升學及就業輔導委員會	其他功能委員會 / 社區支援
中一	班主任		輔導委員會 SEN 老師 社工 教育心理學家
中二	班主任		
中三	班主任	小組輔導	
中四	班主任	按有需要，例如 - 重讀 - 自修/退修選修科	
中五	班主任		
中六	班主任	個別輔導	



中學文憑試放榜個別輔導
及 中三小組選科輔導



打工體驗日 @ 王肇枝中學

在活動中，透過嘉賓的分享，我真正明白到從事寵物行業，單靠喜愛動物並不足夠的，更重要的是有責任心。無論是寵物美容還是獸醫，責任心是不可缺少的，我們要對每一條生命負責任，這讓我反思自己是否把這個職業看得太輕鬆，也不禁令我思考未來的生涯規劃。(4A 何紀諭)

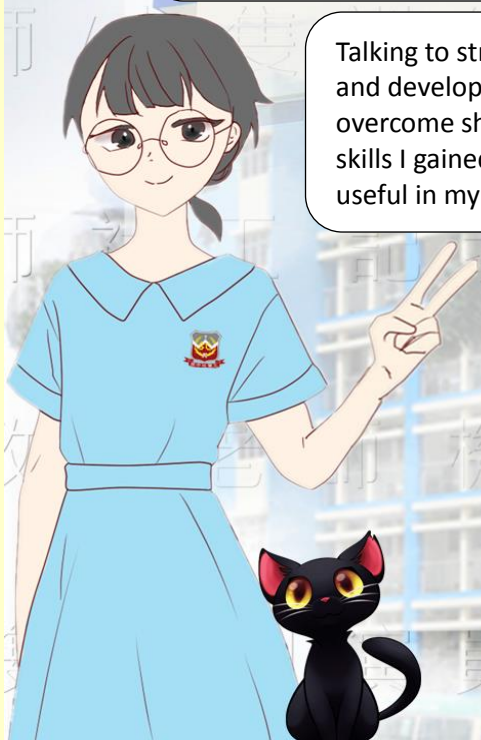
化妝師分享了不少為別人化妝的經歷，例如：客人對她化的妝容不滿意時，她需要道歉並重新跟客人化妝；還有一個有趣的經歷，她有一次做婚禮化妝師時，新娘忘記了帶花球，她也要立即幫忙找一個花球，可見化妝師既要脾氣好，又要隨機應變能力高，甚至連人脈都要非常廣大呢！(5A 張芷澄)

提起社工和幼兒教師，你在腦海中第一個浮現的畫面是甚麼呢？社工的健談？幼兒教師的溫柔？可能他們的工作在外人眼中不過是與人聊聊天及跟孩子玩玩樂。其實不然，當中涉及更多的是與他人精神上的交流和接觸。社工對人們的關懷，幼兒教師對孩子的愛護，如同一盞明燈，為人們的生命燃點希望，支持着我們勇敢地面對各種的難關！我們作為一個旁觀者是永遠體會不到每個行業帶着汗水與血淚的付出，所以任何職業都值得人們尊重和重視！(5D 張佩瑩)

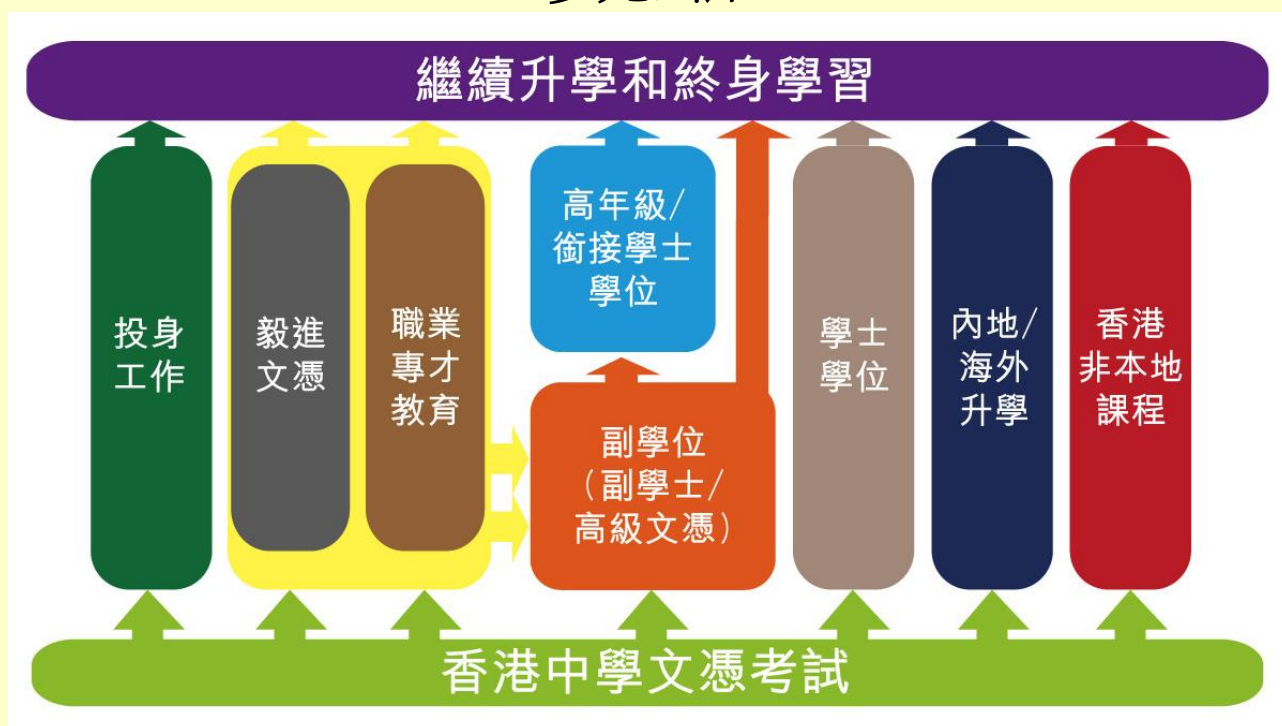
Career Ambassadors participated in planning and implementing the activity. What did they say about their experiences?

Taking photos and videos, welcoming and greeting the guests, even distributing memos and collecting them back from the students seemed less important and easy, but since this was my very first time in helping to organize a large-scale event, I had a sense of accomplishment. (4A Tong Tsoi Yun)

Talking to strangers pushed me out of my comfort zone and developed my confidence. This was the best way to overcome shyness. The communication and co-working skills I gained from organizing this activity were definitely useful in my career pursuit. (4A Kwong Lok Yi)



多元出路



1. 「大學聯招辦法」 JUPAS
<https://www.jupas.edu.hk/tc/>
2. 自資專上教育資訊平台 (Concourse)
包括自資專上院校的詳細資料和經評審專上課程資料 (iPASS)，如申請方法、修讀年期、學費、學術評審、去年度收生成績、畢業生統計數字等。
<http://www.cspe.edu.hk/>
3. E-APP 專上課程電子預先報名平台
E-APP 是由教育局設立的一站式網上電子報名系統，所有文憑試考生均可在放榜前預先報讀「大學聯合招生辦法」(「聯招」) 以外，經本地評審(iPass)的副學位和學士學位課程。
<https://www.eapp.gov.hk/>
4. e-導航
幫助同學搜尋本地不同學士學位、副學士、高級文憑，以及載於資歷名冊內的課程。此外，透過輸入 DSE 成績，可篩選出符合最低入學要求的課程。
<https://enavigator.edb.hkedcity.net/main/index.php>
5. 生涯規劃資訊
<https://lifeplanning.edb.gov.hk/>
6. 香港考試及評核局
<http://www.hkeaa.edu.hk/tc/>
7. 「香港生涯發展自評基準」
<https://clap.hk/for-schools/hkbm/>
8. 學友社
<http://hyc.org.hk/>